

Hawaii Marine

Lt. Dan Band rocks out for troops, families

Lance Cpl. Suzanna Lapi
Marine Corps Base Hawaii

When the lights dimmed in the buzzing Hangar 103, the crowd cheered as Gary Sinise, an actor, Academy Award nominee and bass guitarist for the Lt. Dan Band, stepped on stage to perform for troops here, Feb. 22.

The crowd's enthusiasm was evident as they danced, sang along and clapped throughout the night. Sinise and his band performed 26 hits and classics including "Life is a Highway," "Rolling in the Deep" and "Sweet Home Alabama," which is a part of the "Forrest Gump" soundtrack. Sinise played the role of Army Lt. Dan Taylor in the 1994 film, which was the inspiration for the band's name.

Sinise, an avid supporter of service members, has toured military installations with the United Service Organizations since 2004. He began playing the bass guitar in seventh grade, and

See CONCERT, A-8



Lance Cpl. Suzanna Lapi | Hawaii Marine
Gary Sinise, an actor, Academy Award nominee and bass guitarist for the Lt. Dan Band, plays his guitar during a concert on Marine Corps Base Hawaii, Feb. 22.

The Range is hot: 'Lava Dogs'X heat up with company attack at Cobra Gold 2013

Cpl. Matthew A. Callahan
1st Battalion, 3rd Marine Regiment

BAN CHAM KREM, Kingdom of Thailand – Racing forward in fire teams, Marines began to send rounds hurtling down range and caused cackles of gunfire to ring out in all directions.

"Set!" yelled a Marine as he took a knee and firing from his infantry automatic rifle.

"Moving!" bellowed another Marine, moving from the prone position in high grass.

The familiar commotion and arduous hustle of the infantrymen began to melt into a fluid battle rhythm quickly as Marines with Alpha Company, 1st Battalion, 3rd Marine Regiment conducted a live fire company attack here, Feb. 15, with their counterparts

from 1st Infantry Company, 3rd Battalion, Royal Thai Marines.

The Thai Marines served as the main effort in the frontal assault, attack and many training exercises during Exercise Cobra Gold 2013. The exercise, in its 32nd iteration, is an annual Thai-U.S. co-sponsored exercise that focuses on interoperability of forces and readiness, bolstering international partnerships and regional security in the Asia-Pacific region.

By working closely with the Royal Thai Marines, the "Lava Dogs" were introduced to a deeper understanding of operations in a jungle environment. This enabled them to function together tactically and develop a strong base before conducting larger operations.

"The company attack was a way for us to show the Thai Marines how we do

things – a different point of view," said Lance Cpl. Travis Main, a squad leader with Alpha Co., 1st Bn., 3rd Marines.

"Seeing the Thai Marines attack the bigger training events demonstrated their willingness to adapt to tactics they may not be familiar with."

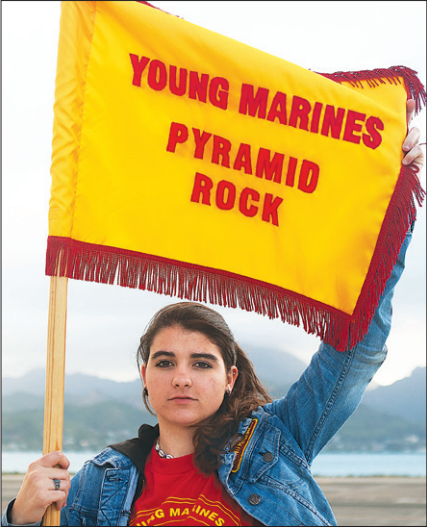
There was little that stood in the way of Alpha Company and the Thai Marines as they swept approximately 1,500 meters of jungle terrain before them, employing snipers to observe enemy targets and drawing fire support from mortarmen, machine gunners, bunker-busting rocket launcher teams and obstacle-breaching combat engineers.

Cpl. Kyle Burns, a squad leader with first platoon, Alpha Co., 1st Bn., 3rd Marines, took his squad on line with

See LAVA DOGS, A-8



Cpl. Matthew A. Callahan | 1st Battalion, 3rd Marine Regiment
Lance Cpl. Curtis Taylor, a point man with sniper platoon, Weapons Company, 1st Battalion, 3rd Marine Regiment, mounts his M110 semi-automatic sniper system on the shoulder of his assistant team leader in an improvised firing position while conducting a company-level assault with Royal Thai Marines during Exercise Cobra Gold 2013 in the Kingdom of Thailand, Feb. 15. The exercise, in its 32nd iteration, is an annual Thai-U.S. co-sponsored exercise that focuses on interoperability of forces and readiness, bolstering national partnerships and security in the Asia-Pacific region. The battalion is attached to 4th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force as part of the Marine Corps unit deployment program.



Lance Cpl. Suzanna Lapi | Hawaii Marine
Storme DiGiovanni, the Pyramid Rock Young Marines sergeant major, was recently recognized as the Young Marines Jimmie Trimble Scholarship Award recipient in Washington, D.C., Feb. 4.

'Young Marines' teen receives award

Lance Cpl. Suzanna Lapi
Marine Corps Base Hawaii

Through her determination and passion as a Young Marines sergeant major, Storme DiGiovanni received the Young Marines Jimmie Trimble Scholarship Award in Washington, D.C., Feb. 4.

Young Marines is a national education and service program that works to further the mental, moral and physical development of adolescents from ages eight to 18.

DiGiovanni, a native of Kaneohe, has been a part of the program since she was 10 years old. She is now 17 and became Pyramid Rock's Young Marines sergeant major in 2012.

The Jimmie Trimble Scholarship Award is given to Young Marines who display the worthy characteristics of Pvt. Trimble, a Marine who fought and died in the battle of Iwo Jima during World War II. DiGiovanni said she admires Trimble, who was partly her inspiration for her own achievements.

"He was a famous baseball player who decided to drop everything to serve our country," DiGiovanni said. "His story is motivating, and I love

See AWARD, A-8



Hoop dreams
3rd Radio Bn. Honey Badgers face off against MCAS in intramural basketball, **B-1**



Clashing blades
Practice medieval sword-fighting with Schola Saint George Honolulu, **C-1**

Saturday
High 77°
Low 69°

Sunday
High 76°
Low 69°

NEWS BRIEFS

Base tax center open for tax season

The base tax center is currently open to all Marine Corps Base Hawaii service members, retirees and reservists. Hours of operation are from 8 a.m. to 4:30 p.m. Please bring all W-2s (including spouse's), bank account and routing numbers, a copy of last year's tax return, all other tax forms (1099s, etc.) and Social Security cards for all family members. The tax center is located at building 455 on the first deck. Building 455 is across the street from Forest City and adjacent to the Youth Activities Center. For details, call 257-1187.

New MarineNet courses activated

The Marine Corps College of Distance Education and Training is pleased to announce the activation of the last in a series of 76 MarineNet courses that support family readiness programs. This final group of courses include: Readiness and Deployment Support; Family Readiness Program: Command Team Training; Family Readiness Program: Command Team Advisor and Family Readiness Assistance; LifeSkills Training and Education; L.I.N.K.S. for Marines; and L.I.N.K.S. for Teens. The entire set of Marine Corps Family Team Building activation announcements can be reviewed and downloaded at https://www.tecom.usmc.mil/cdet//SitePages/activation_announcements.aspx.

'A Spring Celebration' Concert with the U.S. Marine Corps Forces, Pacific Band

The U.S. Marine Corps Forces, Pacific Band is performing a free concert for the public at the Hale Koa Hotel Luau Garden in Honolulu, today at 6 p.m. Parking is located across the street from the Hale Koa in the hotel parking garage. For more information, call the MarForPac Band hall at 257-7440.

Amendment to base order for water activities

As of December 2012, base order P1710.1 was revised. On page 1-7 of the base order, paragraph 6b(2) (b), the words "swim at own risk" were replaced with "enter the water at your own risk, surf and currents are moderate." On page 1-7, in paragraph 6b(2)(c), the words "YELLOW: Water activities open, enter the water at your own risk, fins are required when swimming, due to high surf or strong currents," have been added.

Operation Ooh-Rah Kids

Operation Ooh-Rah Kids is scheduled for March 22 from 8 a.m. to 4:30 p.m. and open to children of Marine Corps Base Hawaii personnel. The program needs active duty volunteers from corpsmen to "drill instructors" to assist throughout the day. For more information, please call 275-2650/2410, or email claudia.lamantia@usmc.mil.

Quick assist loans available from Navy-Marine Corps Relief Society

Active duty sailors and Marines can now apply for a quick assist loan for up to \$500 at all 51 Navy-Marine Corps Relief Society full service offices located on Navy and Marine Corps installations worldwide. Most QALs can be processed on a walk-in basis in about 15 minutes. Active duty Marines and sailors must apply in person. QALs are short-term, interest-free loans available to service members facing a family emergency or other urgent financial situation. For more information, visit <http://www.nmcrs.org/QAL> or contact the nearest NMCRS office.

Important phone numbers

On-Base Emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base Information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

Hawaii Marine

www.mcbhawaii.marines.mil

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'Lava Dogs' repair school during Cobra Gold 2013 in Thailand

Lance Cpl. Adam Miller

III Marine Expeditionary Force

BAN CHAN KREM, Kingdom of Thailand — U.S. Marines and sailors and Royal Thai Marines used their expertise, and some elbow grease, to make improvements to an elementary school, Feb. 20, in Ban Chan Krem, Kingdom of Thailand, to thank the community for hosting them during Exercise Cobra Gold 2013.

Cobra Gold is a recurring, multinational and multiservice exercise hosted annually by Thailand and developed by the Thai and U.S. militaries. During the exercise, Thai and U.S. forces conducted training designed to enhance interoperability and strengthen regional relationships.

"As a community service project, members of both the Royal Thai and U.S. militaries came together to make some improvements on the Baan Khlong Pong elementary school near Ban Chan Krem," said Lt. Robert O. Guillams, the battalion chaplain for 1st Battalion, 3rd Marine Regiment.

"Since we're out here every year for exercise Cobra Gold, it is important to build and maintain our relationship not only with the Thai military with whom we train, but also with the local Thai people who live in the area," explained Guillams.

The bilateral team of volunteers worked together to improve upon some of the structures in and around the school.

"Marines and sailors took up a collection of their own money to donate to the school," Guillams said. "Overall, we donated nearly \$2,000, which the school will use toward school supplies and meals for the children."

Some walls were rebuilt, leaky roofs were fixed, drainage ditches were cleaned out, and general landscaping was done to improve the school grounds, creating a safer environment for the children.



Lance Cpl. Adam Miller | III Marine Expeditionary Force

U.S. Marine Lance Cpl. Jorge Geliga-Segui (right), works with a Royal Thai Marine cleaning out a drainage ditch, Feb. 20, at the Baan Khlong Pong elementary school in Ban Chan Krem, Kingdom of Thailand, during exercise Cobra Gold 2013.

"I helped clean up and dig out some of the trenches, so when it rains the kids' classrooms don't flood," said Lance Cpl. Jorge Geliga-Segui, a supply administration and operations specialist with the unit. "It was hard work, but there were plenty of (Royal Thai and U.S.) Marines pitching in. It's rewarding doing things like this and it makes me grateful for what I have."

The service members' generosity surprised the beneficiaries of the project.

"We are thankful for the help the Thai and U.S.) Marines gave us," said Suchinee Chaifao, chief teacher at the school. "When I heard (the Thai and U.S. Marines) were going to help us, I thought they were just going to come here and clean up a little bit, but I was surprised that they took up a donation for us and fixed our buildings too."

The students and teachers were

not the only ones who benefited from the improvements made to the school and its grounds.

"I love coming out here, seeing the smiles on the kids' faces," Guillams said. "It touches my heart knowing we're able to help them."

The exercise, in its 32nd iteration, demonstrates U.S. commitment to its long-standing ally, the Kingdom of Thailand, and toward regional partnership, prosperity and security in the Asia-Pacific region.

Currently, 1st Battalion, 3rd Marines is attached to 4th Marine Regiment, 3rd Marine Division as part of the Marine Corps unit deployment program. The Marine Corps unit deployment program rotates U.S.-based units to III MEF in Japan for six months and is designed to provide the rotational unit unique training opportunities and augment the capabilities of III MEF.

Marines, sailors honored at Navy League luncheon

Cpl. James A. Sauter

Marine Corps Base Hawaii

HONOLULU — The Navy League of the U.S. awarded Marines and sailors stationed on the island of Oahu for their individual augmented service in support of overseas operations during a luncheon at the Ala Moana Hotel Hibiscus Ballroom in Honolulu, Thursday.

The Navy League is a civilian non-profit organization dedicated to educating the American people and advocating that the United States is dependent upon strong naval services for its economic well-being and national defense, according to the organization's website. The league hosted the luncheon to give the Marines and sailors who served as individual augmentees recognition for their services.

"For seven months, I served in Kuwait as an administrative chief and driver on Camp Arifjan," said Cpl. Jovanka Jaime Franco, a Headquarters Battalion administrative clerk and native of Tucson, Ariz. "They needed a person to fill that billet and I learned a lot from being overseas and working on an Army installation. It makes you appreciate being home when you're over there working all the time and not able to see your family."

Service members may voluntarily be selected for duty as an individual augmentee when a billet demands specialized skills. During the ceremony, Adm. Cecil Haney, commander of U.S. Pacific Fleet and native of Washington, D.C., talked about the individual work the Marines and sailors had to dedicate themselves to while on deployment.

"Each of them are a part of a class of Marines and sailors who can say they served by filling individual billets that demanded extensive knowledge," Haney said. "A lot of times when they return, there's no welcome home ceremony. But they have my thanks and the thanks of a grateful



Cpl. James A. Sauter | Marine Corps Base Hawaii

Cpl. Brandon Jones, a rifleman with 1st Battalion, 3rd Marine Regiment and native of Romeo, N.Y., receives a coin from Adm. Cecil Haney, commander of U.S. Pacific Fleet and native of Washington, D.C., during a Navy League luncheon honoring the service of individual augmentees in support of overseas operations at the Ala Moana Hotel, Thursday.

nation."

The Navy League was founded in 1902 with the encouragement of President Theodore Roosevelt, according to the league's website. The organization was initially founded to provide a voice to Congress and the American people about the need for a strong maritime naval presence.

Today, the Navy League dedicates itself to providing education programs for the American people on the U.S.' role as a maritime power and the

economic importance of free and open sea-lanes. At the conclusion of the ceremony, every Marine and sailor individual augmentee received a coin from Haney as a token of gratitude.

"From our standpoint, it's a two-way street," said Don Morrison, former president of the Navy League of the U.S. Honolulu Council. "We honor them for their service in as many ways as we can, they help us with education, and then we, in return, educate the public at large."

AROUND THE CORPS

The final eight: Last CH-46 crew chiefs graduate

Lance Cpl. Christopher Johns
Marine Corps Air Station Miramar

MARINE CORPS AIR STATION CAMP PENDLETON, Calif. — The last eight crew chiefs to earn their flight designations in the CH-46 Sea Knight graduated aboard Marine Corps Air Station Camp Pendleton, Calif., Feb. 20.

Marines and families watched as four Sea Knights carrying these historical flight aides landed on the flight line, and they exited the aircraft to graduate and earn their wings.

“We are here to recognize the eight Marines standing before you for their great achievements as the last (Sea Knight) crew chiefs the Corps is going to train,” said Maj. Gen. Steven Busby, commanding general of 3rd Marine Aircraft Wing. “This day marks the end of an era in Marine Corps aviation. This aircraft has been the mainstay of the aerial support community for 48 years. Half the time Marine Corps aviation has been in existence, the Sea Knight has been taking the fight to the enemy.”

After several months at other job schools learning other skills, these eight Marines came to learn how to fly in Sea Knights at Marine Medium Helicopter Training Squadron 164 “Knight Riders.”

“The schooling was about six months long,” said Lance Cpl. Alex Sosa III, the CH-46 Sea Knight crew chief honor graduate with the Knight Riders and a Richmond, Texas, native. “We learned all we had to, ensuring our aircraft stay in the sky – and how to properly assist the pilots with whatever it is they may need from us while we were here. It was a great experience.”

As the honor graduate, Sosa earned the best grades out of all of his peers, and according to Busby, made it look easy.

As the Sea Knight is phased out by the



Lance Cpl. Christopher Johns | Marine Corps Air Station Miramar

Lance Cpl. Alex Sosa III, center, the CH-46 Sea Knight crew chief honor graduate with Marine Medium Helicopter Training Squadron 164 and a Richmond, Texas, native, poses with his mother and sister in front of a Sea Knight on the flight line aboard Marine Corps Air Station Camp Pendleton, Calif., Feb. 20.

Marine Corps, the legacy it leaves behind is one of notable service above all else. Even Busby had experiences and feelings to share about this momentous occasion in the history of Marine Corps aviation.

“This aircraft has been at the center of Marine Corps aviation since its arrival in 1964,” explained Busby. “I spent a few weeks working aboard these aircraft as the commander of the special purpose Marine Air-

Ground Task Force in Thailand and Indonesia after the tsunami hit in 2004. I remember flying over 120 miles of coast line in Indonesia with these ‘Battle Phrogs,’ and seeing the ferocity at which they attacked their mission of delivering supplies and aid to the Indonesian people.”

As one of the members of the final class of CH-46 crew chiefs to graduate, Sosa described his feelings as the event

came to an end.

“It feels like I’m a part of history now,” said Sosa. “To me, that’s a great thing because I love the Sea Knight community, I love flying, and I can’t wait to show what I can do as a crew chief.”

As these newly graduated crew chiefs travel to their first permanent duty stations, they said they will forever remember the day they took part in the Sea Knight legacy.

Division Marine earns service member of year



Cpl. Marco Mancha | 2nd Marine Division

Sgt. Jeremy Butler, of Jackson, Miss., greets Command Master Chief Petty Officer Frank Johnson (right) and Sgt. Maj. Bryan Zickefoose (left) after earning the Jacksonville-Onslow Military Affairs Committee Service Member of the Year Award recently. The squad adviser with 2nd Battalion, 6th Marine Regiment, 2nd Marine Division, gave credit to his Marines and the rest of the hard-charging battalion.

Cpl. Marco Mancha
2nd Marine Division

MARINE CORPS BASE CAMP LEJEUNE, N.C. — The Jacksonville-Onslow Military Affairs Committee recognized a 2nd Marine Division Marine as the service member of the year during a ceremony at the Camp Lejeune Officers’ Club recently.

Sgt. Jeremy Butler was selected as the MAC service member of the year for his overall performance and proficiency in his duties for Echo Company, 2nd Battalion, 6th Marine Regiment.

“I was surprised because I didn’t think I was going to get it,” said Butler, of Jackson, Miss. “I mean I really did this for my Marines. If it wasn’t for them, I wouldn’t be here today.”

Butler highly attributed the award to the hard work and dedication put forth by his Marines, and also dedicated the award to 2nd Bn., 6th Marines.

MAC honors one service member a month that exemplifies what it means to be a Marine or sailor. Service members selected as the service member of the month are eligible for service member of the year. Butler was

also selected as the service member of the month for June 2012; however, his accomplishments didn’t stop there.

“Sgt. Butler’s service to date has been nothing short of outstanding,” said Jeff Clark, a chairman with MAC.

Butler, who has served in the Marine Corps for more than five years, was selected as the noncommissioned officer of the quarter for the 3rd quarter of fiscal year 2010 and as the division Marine of the year in 2011. He also received the Navy and Marine Corps Commendation Medal with combat distinguishing device for his superior performance in combat.

“I would just like to thank the battalion because if it wasn’t for them, the last five and a half years wouldn’t have been the best of my life,” concluded Butler, who recently got married to his wife Erika. “At the end of the day, I wouldn’t have been able to do everything I have done without them.”

The 24 year old hopes to pursue his career goals and complete a tour as either a drill instructor or a recruiter, as well as seek acceptance into the Marine Enlisted Commissioning Education Program.

Royal Thai Air Force, US Marines turn up the heat in Thailand

Cpl. Vanessa Jimenez
Marine Corps Air Station Iwakuni

NAKHON RATCHASIMA, Kingdom of Thailand — Royal Thai Air Force aircraft rescue firefighters conducted live-fire burns with U.S. Marines, Feb. 21, at Wing One Royal Thai Air Force Base, Nakhon Ratchasima, during Cobra Gold 2013.

The RTAF ARFF are with Wing One, RTAF and the U.S. Marines are assigned to Marine Wing Support Squadron 172, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

The training was conducted to give the firefighters confidence and proficiency in their techniques, skill, gear and each other.

“The importance of this training is gaining more experience,” said U.S. Marine Sgt. Joksam Graulau Santiago, an aircraft rescue firefighter with MWSS-172. “Getting hands on during training is essential. This way, when a real incident does happen, the Marines will be confident, have the knowledge, and be able to do a really good job.”

During CG-13, the Marines fully integrated with RTAF ARFF, getting the opportunity to train every day.



Cpl. Vanessa Jimenez | Marine Corps Air Station Iwakuni

Royal Thai Air Force aircraft rescue firefighters, wearing orange stripes, conduct a bilateral live-fire training exercise with U.S. Marines Feb. 21 at Wing One RTAF base, Nakhon Ratchasima, Kingdom of Thailand in support of Cobra Gold 2013.

“We’re here to provide fire suppression and rescue capabilities for the air combat element and at the same time we’re here to do bilateral training with the Thai firefighters,” said Graulau Santiago. “It’s a really good experience. We got to teach them techniques, have them show us new techniques and

we received a lot of companionship from it. In a sense we’re becoming a family, it’s too bad it only lasts two weeks.”

ARFF are first responders to airfield emergencies so they work close to the airfield to ensure they can be there in as little time as possible.

“We help make sure everything is safe and we secure all problems in the airfield,” said RTAF Sgt. Sakmassarat Thinnapat, ARFF specialist, “We aren’t just looking out for the Thai; we cover the entire American and Thai team here.”

ARFF worked together to accomplish any mission, gaining lasting memories and a new family among our oldest ally in the Asia-Pacific.

“We take part in this training every year and we’re very happy to have this exchange, experience and knowledge of training,” said Thinnapat. “I’m very happy to be here training with the U.S.

Marines. I feel like we’ve become a family.”

CG-13, in its 32nd iteration, demonstrates U.S. commitment to their long-standing ally, the Kingdom of Thailand, and toward regional partnership, prosperity and security in the Asia-Pacific region.

‘All night Alpha’: Alpha Battery, 1st Battalion, 12th Marine Regiment fires 120 mm mortar system

**Story and photos by
Lance Cpl. Nathan Knapke**
Marine Corps Base Hawaii

POHAKULOA TRAINING AREA, Hawaii — Marines from Alpha Battery, 1st Battalion, 12th Marine Regiment fired live ammunition with the M327 120 mm mortar system, during Operation Spartan Fury, Feb. 21.

The Alpha Battery Marines used the mortar system for the first time during the training exercise, and they were mentored by Marines from Bravo Battery to become familiar with the new weaponry.

“We are taking everything we know about the 120 mm mortar system and handing it down to Alpha Battery,” said Cpl. Michael Oberley, a

section chief for Charlie Battery, 1st Battalion, 12th Marines, and native of Greeley, Colo. “Alpha Battery quickly learned everything we taught them over the training period.”

The 120 mm mortar shoots farther than a 81 mm but has a shorter range than the M777 Howitzer weapon system, providing Marines a versatile weapon that packs a heavy punch and is easier to pack up and move than the Howitzer, Oberley said.

“This weapon gives us improved accuracy at different distances,” said Lance Cpl. Travis Brixey, a field artilleryman with Alpha Battery, 1st Battalion, 12th Marines, and native of Coleman, Texas. “We have been out here for two days and are experiencing how much easier the 120 mm is to operate compared to the Howitzer.”

After arriving at the shooting site they unloaded the mortar system and ammunition off trucks into their position. They calculated target coordinates and cautiously prepared large 120 mm ammunition to begin the training’s live-fire portion.

The battery chief commanded his sections to start their loading process by calling out, “Fire mission,” a command he gave to each section to begin the process of sending ammunition downrange. Once the command was given, his Marines began working to make the mission a success.

Before each launch, the Marines collected the correct ammunition, either an illumination, smooth or rifled round with the correct horseshoe-shaped charges that helped the projectile soar through the air. A Marine loaded the round by stepping onto a metal crate, dropping the ammunition down into the barrel and awaiting orders to pull the lanyard for detonation. Before the weapon was loaded, section chiefs double-checked the round type, charge amount, fuse type and target coordinates.

The sections waited until the battery chief gave the command, “Standby.” When this command was given, the section chief raised his hand in anticipation of hearing, “Fire!” from the battery chief. Once this came over the radio, the section chief lowered his arm while simultaneously yelling, “Fire!” His gunner pulled a lanyard attached to the mortar system, causing an earthshaking boom, hurtling a 120 mm round downrange.

When Marines weren’t firing rounds, they had off time until the next fire mission. But there was also work to do to maintain the mortar system.

Marines maintained the cleanliness of the system’s interior, using a bore brush to scrub carbon out of the bore and air release valve.

“Overall, the 120 mm mortar system is a lot easier to clean and maintain,” said Lance Cpl. Tyler Carpenter, a field artilleryman with Alpha Battery, 1st Battalion, 12th Marines, and native of Denham Springs, La. “I hope we can continue to use this versatile system much more in the future.”



Lance Cpl. Tyler Carpenter, a field artilleryman with Alpha Battery, 1st Battalion, 12th Marine Regiment, loads the M327 120 mm mortar system by dropping ammunition into the barrel during Operation Spartan Fury at Pohakuloa Training Area, Feb. 21.



A field artilleryman with Alpha Battery, 1st Battalion, 12th Marine Regiment, pulls the lanyard on a M327 120 mm mortar system during Operation Spartan Fury at Pohakuloa Training Area, Feb. 21.



A field artilleryman with Alpha Battery, 1st Battalion, 12th Marine Regiment, loads the M327 120 mm mortar system by stepping onto a metal crate and dropping ammunition into the barrel during Operation Spartan Fury at Pohakuloa Training Area, Feb. 21.



Lance Cpl. Travis Brixey, a field artilleryman with Alpha Battery, 1st Battalion, 12th Marine Regiment, and native of Coleman, Texas, sights in on the M327 120 mm mortar system during Operation Spartan Fury at Pohakuloa Training Area, Feb. 21.



A field artilleryman with Alpha Battery, 1st Battalion, 12th Marine Regiment, loads a round into the M327 120 mm mortar system by stepping onto a metal crate and dropping ammunition into the barrel during Operation Spartan Fury at Pohakuloa Training Area, Feb. 21.



Lance Cpl. Travis Brixey, a field artilleryman with Alpha Battery, 1st Battalion, 12th Marine Regiment, and native of Coleman, Texas, pulls the lanyard on a M327 120 mm mortar system during Operation Spartan Fury on Pohakuloa Training Area, Feb. 21. The Alpha Battery Marines used the mortar system for the first time during the training exercise and were mentored by Marines from Bravo Battery to become familiar with the new weaponry.

Chef of quarter competition sizzles at Anderson Hall Dining Facility

Lance Cpl. Suzanna Lapi
Marine Corps Base Hawaii

While their ovens and frying pans warmed up, the winning spirit of three Marine food service specialists from Anderson Hall Dining Facility reached a feverish pitch as they sliced and diced their way through the chef of the quarter competition here, Wednesday.

The finalists became eligible for the competition after fielding questions from a panel and completing a written test. The chefs were allowed to select their menus, incorporating their styles and tastes in the hopes of claiming the coveted title.

Gunnery Sgt. Sonia Ramirez, the operations chief for Anderson Hall and a native of Whittier, Calif., said this competition is significant because it affords the competing Marines a valuable opportunity.

“When I look at the competition from my perspective, I believe it gives the Marines the drive to excel, because as chef of the quarter, you compete for chef of the year, and that title comes with numerous benefits,” Ramirez said. “It also forces them to think outside of the box since they have to create their own menu, which puts their creative side on display.”

Sgt. JaLisa Joseph, a food subsistence chief with Anderson Hall and native of Dallas, claimed the championship. As the winner, she received a gift bag, trophy, letter of appreciation, meritorious mast, and the chance to become chef of the year. The Marine who wins chef of the year for the Marine Corps will attend the Culinary Institute of America.

Joseph’s competitors were her husband, Sgt. Kendall Joseph, a property chief for Anderson Hall and native of New Orleans, and Lance Cpl. Cortland

Hone, a standard accounting, budgeting and reporting system clerk for Anderson Hall.

The three food service specialists mostly cooked at home before joining the Marine Corps. Joseph said she and her husband looked forward to their culinary careers in the Corps before joining. Hone, a native of Carlin, Nev., said his inspiration behind his menu, titled “Cooking Under the Stars,” was the food he ate during his childhood.

Joseph’s winning menu, titled “Mexican My Way,” included a cold black bean salad, salsa chicken, Spanish rice, and kicking corn and sopapilla, which is a Spanish dessert.

Chef Richard Viernes, a second executive chef with Rainbow Sales and Marketing and judge of the competition, said Joseph’s presentation and taste are what sealed her victory.

“Everybody eats with their eyes first,” said Viernes, a native of Honolulu. “The color, contrast and proportion of her presentation were the best overall. She was also in the kitchen all day, taking control of her assistant, and she took suggestions well. She used sour cream on her chicken entrée, which gave it a good balance with her spicy flavors. Her timing was the best as well.”

Joseph said she is nervous about the chef of the year competition, but is looking forward to it.

“At the chef of the year competition, they incorporate a mystery ingredient, which you aren’t told about until the day of,” Joseph said. “Also, you don’t get to choose your protein, but I’m hoping for chicken or fish. As far as today’s competition, I think it went well. I felt like there were a few things I could have done differently, but it felt good to win.”



Photos by Lance Cpl. Suzanna Lapi | Hawaii Marine

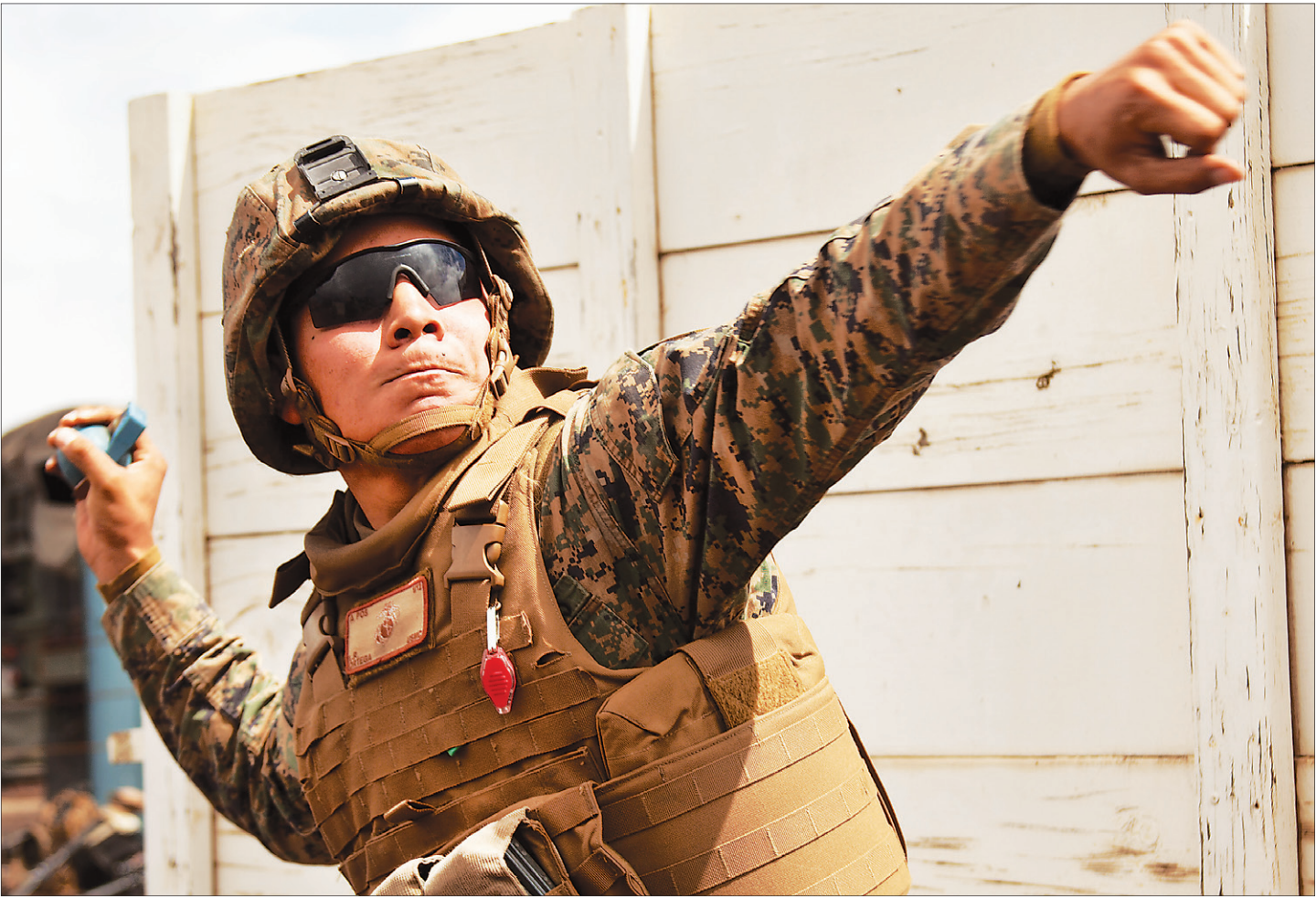
Sgt. JaLisa Joseph, a food subsistence chief for the Anderson Hall Dining Facility, kneads dough for her dessert in preparation for the chef of the quarter competition here, Wednesday. The chefs were allowed to select their menus, incorporating their styles and tastes in the hopes of claiming the coveted title.



Sgt. JaLisa Joseph, a food subsistence chief for the Anderson Hall Dining Facility, displays her winning menu and dishes at the chef of the quarter competition here, Wednesday.

ARTILLERY MARINES CONDUCT GRENADE RANGE ON BIG ISLAND

Lance Cpl. Louie Ortega, a motor vehicle operator with Bravo Battery, 1st Battalion, 12th Marine Regiment and native of Mira Loma, Calif., winds up to throw a simulated grenade during Exercise Spartan Fury at Pohakuloa Training Area on the Island of Hawaii, Feb. 21. Marines threw several practice grenades to demonstrate their proficiency in the prone, kneeling and standing throwing positions. They later practiced throwing live grenades on a separate range.



Lance Cpl. Nathan Knapke | Hawaii Marine

Money talk: Personal Financial Management Program hosting Finance Fair at Mokapu Mall today

Lance Cpl. Jacob D. Barber

Marine Corps Base Hawaii

If you have problems saving money, questions about budgeting, or are interested in learning about free and low-cost financial services, Marine Corps Base Hawaii’s Personal Financial Management Program has an opportunity for you.

Personnel aboard MCB Hawaii are invited to attend the Personal Finance and Education Resource Fair at Mokapu Mall, today, from 10 a.m to 1 p.m. The fair, in correlation with Military Saves Week, provides attendees with money-saving tips, educational classes and direction on how to plan for a solid financial future. The fair is open to all service members, families, veterans and Department of Defense employees with on-base access.

Bruce Sneddon, the base’s PFMP manager, has been involved in the fair for the last four years. He encouraged all who are able to attend the fair.

“This is our chance to remind people that you have to save money in order to grow in wealth,” Sneddon said. “The military is the perfect place to start saving money, and yet, so many service members are up to their neck in debt with no money saved. This fair could be the answer to many financial questions, as well as other matters like, ‘How can I save and plan for college?’ or, ‘What are the steps to a nice retirement?’ We have many professionals and experts who will be there to answer these questions. All service members need to do is show up.”

Representatives from several organizations will be in attendance including more than 15 on-base and online colleges, Bank of Hawaii, Better Business Bureau of Hawaii and Military OneSource.

Financial and education seminars will also be available from 10:30 a.m. to 12:30 p.m., along with



Lance Cpl. Jacob D. Barber | Hawaii Marine

Personnel aboard MCB Hawaii are invited to attend the Personal Finance and Education Resource Fair at Mokapu Mall, today, from 10 a.m to 1 p.m. The fair, in correlation with Military Saves Week, provides attendees with money-saving tips, educational classes and direction on how to plan for a solid financial future. The fair is open to all service members, families, veterans, and Department of Defense employees with on-base access.

many different displays for attendees to view.

“We do this every year and we always get positive feedback from people who attended,” Sneddon said. “The most important part of all this is familiarizing people with all the resources we have available to help them manage their money. Schooling, retirement, budgeting and debt help ... we offer it all at this fair.”

Regardless of the type of financial questions, someone will be present to answer them. According to Sneddon, there is no better time or place to learn more about the money in your pocket and the best part about the event is that it’s free.

“See, we’re already saving you money,” Sneddon said.

Navy-Marine Corps Relief Society to hold annual fund drive aboard MCB Hawaii

Kristen Wong

Marine Corps Base Hawaii

Prior to the kickoff of the annual Navy-Marine Corps Relief Society active duty fund drive, staff and volunteers aboard Marine Corps Base Hawaii hosted an open house in building 4016, Feb. 21.

With more than 200 locations on Navy and Marine Corps bases worldwide, NMCRS assists eligible military-affiliated personnel including active duty service members, retirees and reservists in need of financial assistance or financial counseling.

The relief society offers interest-free loans, and can work with individual service members who need assistance in preparing a personal budget. The relief society also offers Budget for Baby classes, in which eligible patrons can learn how to prepare financially for the arrival of a newborn.

The NMCRS Active Duty Fund Drive runs from March 1 to April 5, though it may be extended at the commanding officer’s discretion. The relief society’s goal is to make 100 percent contact with potential donors and educate them about what it offers, according to Cheryl Milca, the NMCRS director. Each unit will have a representative to help disseminate information about the drive.

There are several ways to donate to NMCRS. Donors may stop by building 4016 during regular office hours, Monday through Friday, 8 a.m. to 4 p.m. Marines can donate through the Marine Online system and at <http://nmcrs.org>. Donations are accepted throughout the year.

The NMCRS relies solely on donations to provide financial assistance to its clients. Last year, NMCRS distributed \$49 million worldwide. At Marine Corps Base Hawaii last year, the NMCRS served more than 900 clients, and provided them a total of \$586,313.

The NMCRS has assisted clients in various financial situations. In one instance, the NMCRS helped a service member fly home when his ailing mother passed away. Another service member was medically discharged and received financial assistance while being treated in Hawaii and planning his next move. Milca said the society also helps clients who need money for textbooks, or necessary automobile repairs.

Volunteer Katie Boyce, who trains client services assistants, added that the society is a “good steward” of money, so donors can rest assured their money is being used wisely.

“We’re going to make sure the money goes to the right people,” Boyce said.

She added that the relief society is not just a source of funding. The relief society also shows service members how to budget and directs them to additional resources on base.



Kristen Wong | Hawaii Marine

Volunteer Mark Van Allsburg answers the phone at the Navy-Marine Corps Relief Society during the organization’s open house, Feb. 21. The relief society offers Budget for Baby classes, assistance with preparing budgets and financial assistance to eligible military personnel.

“If they don’t leave with a loan, at least they’re leaving with an education,” Boyce said.

Volunteer Holly Brantuas, a caseworker with the relief society, has volunteered with NMCRS for three years in three different offices. Brantuas recalled how a previous relief society location contributed funds to a family who lost its house in a fire.

“Any service member who donates to the society can look around in their command and know for a fact that we have helped at least one, if not a handful, of people in their command with their donated dollars,” Brantuas said. “It’s a good way of supporting your peers.”

The relief society is also still seeking volunteers to be caseworkers, public speakers or Budget for Baby instructors. For more information, visit <http://www.nmcrs.org> or visit Navy-Marine Corps Relief Society Kaneohe on Facebook.

CONCERT, from A-1

started a theater company in Chicago. He focused on building that and his acting career. Sinise said earning his living as an actor affords him the chance to make a difference through music.

“With what happened on Sept. 11, 2001, and our troops deploying to Afghanistan and Iraq, I just thought there was something I could do,” Sinise said. “I could entertain the troops. This band is for our military members. I don’t make my living at it; I make my living as an actor. Most of the shows are for troops, military charities, or for building houses for very badly wounded service members.”

The Lt. Dan Band and Building for America’s Bravest are projects of the Gary Sinise Foundation, which is the actor’s overall movement through which he supports the military. His dedication stems from his own family’s service to the country, and a simple desire to ensure service members aren’t abandoned in their times of need.

“Our troops are working hard,” Sinise said. “There are Marines that have been deployed over and over, and when they leave their families, those families go through a lot. So, when someone like me can perform and say, ‘Thank you, I want you to feel better,’ I think that can make a difference, and I can see the difference.”

Lance Cpl. Raion Charles, a saxophone musician with U.S. Marine Corps Forces, Pacific, and native of Elizabeth, N.J., attended the show with other band members from his shop as a work function and was afforded a surprise opportunity to be on stage.

“I love music, being a musician myself, and their show had a good vibe

and was an excellent performance,” Charles said. “I made eye contact with one of the singers as they were asking the audience who wanted to come up. I tried to get someone else to go, but she gave me a look like, ‘No, you’re getting up here.’ I wasn’t sure what was going to happen, but she sang ‘Natural Woman’ to me and I enjoyed it.”

Charles said he thought it was “awesome” that Gary Sinise visited MCB Hawaii to show his support for service members and the military community.

“I definitely respect him for being here and shaking hands with the troops and asking us how everyone is doing,” Charles said. “The speech he gave after the show was very moving and I felt

more motivated after hearing it. It was worth it to go to the performance, and I’m looking forward to the next time they come to play.”

Sinise said he wants military members to know how grateful he and others are for their sacrifice to our country.

“Thank you for serving,” Sinise said to the crowd. “We care about you and just want you to know that you are appreciated.”

As Sinise spoke to the audience, he asked if they could feel his support. The rambunctious applause and cheers which followed echoed through the hangar, reaffirming the positive response he had set out to achieve by playing for those who give of themselves.



Lance Cpl. Suzanna Lapi | Hawaii Marine

Jeff Vezain (left), a vocalist and acoustic guitarist, Dan Meyers (center), a vocalist and violinist, and Gary Sinise, an actor, Academy Award nominee and bass guitarist for the Lt. Dan Band, play together during a concert on Marine Corps Base Hawaii, Feb. 22.

AWARD, from A-1

meeting veterans and hearing their stories as well. It’s touching to hear what they have gone through.”

DiGiovanni became involved with the Young Marines program after learning about it from her brother. She said she was initially nervous about meeting Marine Corps drill instructors during training, but was excited to meet people and learn how to march and perform drill movements.

DiGiovanni said she is dedicated to her responsibilities as the Pyramid Rock

Young Marines sergeant major, which includes running the unit, teaching and assigning classes, overseeing recruit training and participating in community service events.

Cpl. Eduardo Capistran, an administrative clerk with Headquarters Battalion and a training officer for the Young Marines program, said DiGiovanni is “very deserving” of the scholarship award because of her motivation and work ethic.

“She is a good leader for the other Young Marines because of her teaching and communication skills,” said

Capistran, a native of Brownsville, Texas. “Also, she is always volunteering her time.”

DiGiovanni will travel to Guam, Iwo Jima and New York from Feb. 27 to March 13 as a part of the scholarship award. She plans to attend Hawaii Pacific University to become a medical examiner after high school, and said she would like to stay involved by coming back as a staff member after retiring from the Young Marines program as a sergeant major.

DiGiovanni’s mother Linda, a native of Audubon, N.J., said she is very proud

LAVA DOGS, from A-1

the Thai platoon on the final objective of the company assault, moving with their foreign partners to push through the final objective.

“The Thai offered a much different perspective for us on fire and maneuver,” Burns said. “Working to adapt to the Thai Marines’ slower, more methodical movement was difficult at first, but as we started to observe on the fly, we also adjusted accordingly and implemented their tactics into our own.”

Combat engineers with Combat Assault Battalion, 4th Marine Regiment, added color to the controlled chaos by employing an anti-personnel obstacle breaching system. The device, a series of grenades connected by a tube with a long pin release strung through it, was shot over an obstacle, where it detonated and cleared the way for infantrymen to advance.

Securing the breach point, the combat engineers established security for the remaining Marines. They guided second platoon and their weapons attachments through to establish support by fire positions for first platoon and its Thai Marine partners. This allowed them to complete the assault while mortarmen worked to neutralize a simulated enemy motor pool and training camp deeper into the objective.

As they closed in, both U.S. and Thai Marines swept through and fired rockets on target to complete the frontal assault. With body armor soaked through with sweat and camouflage paint melted off their faces, the Marines consolidated to carry out the plan of the day.

of her achievements, though she is nervous about her daughter traveling without her.

“She is so dedicated to this program,” Linda DiGiovanni said. “Anytime someone says, ‘Young Marines,’ she immediately responds with a plan of action. Even with my concern, I trust everyone she is with in the Young Marines program. It’s like one big family since there are over 300 units worldwide. Storme is strong-willed and independent, which is comforting. I am looking forward to seeing what else she achieves.”

Sports & Health



Photos by Cpl. James A. Sauter | Hawaii Marine

Lance Cpl. Alex Bosma, a helicopter mechanic with Marine Aviation Logistics Squadron 24 and native of Seattle, grabs a plate of fruit during breakfast at Anderson Hall Dining Facility, Wednesday. Bosma, who learned about nutrition as a teen, recommends eating more fruits and vegetables for a healthy diet and to help maintain high physical standards.

No kitchen, no problem: Marine gives tips to eat, stay healthy

Cpl. James A. Sauter
Marine Corps Base Hawaii

In today's world, striving to eat healthy can be a challenge when demanding schedules and events draw our attention away from making good food choices. Fortunately, for those who live in the on-base barracks, food resources such as a chow hall, commissary and restaurants to help maintain a healthy diet and stay in top physical condition.

Since the majority of single Marines and sailors live in the barracks and can't cook food in their rooms other than in a microwave, visiting the chow hall and commissary on a daily basis is a priority, said Lance Cpl. Alex Bosma, a helicopter mechanic with Marine Aviation Logistics Squadron 24 and native of Seattle.

Bosma noticed a lot of Marines and sailors, without any nutritional consideration, waste their money buying cheap food and don't take

advantage of healthy food choices.

"For people who live in the barracks, there's a dilemma when it comes to eating healthily and making the most of their money because they don't know how," Bosma said. "People in the barracks don't make a whole lot of money, and over time eating out and buying expensive groceries every week adds up."

Bosma learned about nutrition during his teenage years through his effort to lose weight. After joining the Marine Corps in 2010, he continued to use what he learned to maintain his health and a high standard of fitness. Bosma said the best way to keep a healthy diet on a budget while living in the barracks is to eat meals at the chow hall.

"You may not always have enough money to go to the commissary and buy expensive groceries or sandwiches from Subway," Bosma said. "I know a lot of Marines in the barracks who go out and buy bags full of ramen noodles and

microwave dinners. There's nothing wrong with eating those things, but they don't have any nutritional value."

Bosma pointed out to Marines and sailors who live in the barracks and receive commuted rations, or money they're given to purchase food when working an irregular schedule, it's smarter financially to spend the money at the chow hall. He said \$100 spent per week at the commissary can be spent at the chow hall, covering the cost of two weeks of meals.

Anderson Hall Dining Facility on base offers service members a wide variety of freshly-cooked meals for breakfast, lunch and dinner. Those who go to the chow hall have to pay with a meal card or cash. Bosma recommends eating more fruits and vegetables during all three meals and limiting fat consumption to about 15 grams. He also suggested a main course less than 400 calories while keeping sodium content to a minimum.

"Check the nutrition cards before

you decide what you want to eat," Bosma said. "A single piece of rotisserie chicken could be more than 1,000 calories. You should never consume that much in one part of the meal. It's better to get the desired amount of calories from an entire, well-rounded meal."

Bosma also said Marines and sailors need to be mindful of supplements they're taking due to the industry being unregulated. The best advice he gives is to research the supplements and use them for what they're intended — supplements for nutritional deficiencies, but not as meal replacements.

"The best way to discipline yourself to eat healthy is to enjoy doing it," Bosma said. "You start with small steps like minimizing soda or cheeseburgers and work your way forward to something you're comfortable with. If you treat your body like a Ferrari, why would you put cheap gas in it? You need the best fuel available."



Kristen Wong | Hawaii Marine

RAINED ME OUT OF THE BALL GAME

Weapons Ordnance player Matt Leonard heads for third base toward Patrol Squadron 47 player William Ellis Jr. during an intramural baseball game at Riseley Field, Monday. Weapons Ordnance and the Patrol Squadron 47 Golden Swordsmen faced off for two innings before their game was canceled due to rain. Weapons Ordnance's record is 0-3 while VP-47's current record is 1-1. The squadron entered the season later than most of the teams and did not get as much practice before the games started. "We got a late start but we like what we see so far," said VP-47 coach Nick Peter. "We expect to compete pretty much right from the get-go." Weapons Ordnance consists of players from various units. The team is struggling with a lack of players, especially pitchers and catchers, according to coach Romeo Ibrao. He said the team is strong, however, because of its love for baseball. "We're out here for exercise and fun," Ibrao said.



Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to HawaiiMarineEditor@gmail.com.

If there’s a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up ladies ... it’s game time.

Sports media taking it too far?

Lance Cpl. Nathan Knapke VS. Lance Cpl. Jacob D. Barber

BARBER: The sports world has seen its fair share of bad behavior throughout the years, from Michael Vick’s twisted dog activities to Tiger Woods’ extramarital affairs. It’s normal to turn on ESPN or Fox Sports and hear that a wide receiver shot himself or a baseball player was caught with drugs. But why does their off the field behavior matter? Who cares about Ben Roethlisberger’s latest drunk driving charge? Why take away from the highlight reel to report on his drinking problems? Athletes are regular men who devote their lives to a sport. Many of them don’t ask to be role models. The few who do carry themselves as such, but for the rest, I say leave them be. Media should report only on what these athletes are doing on the field or court, and leave their personal lives off primetime television.

KNAPKE: Being a professional athlete does not give you the right to do anything you want. For some reason, athletes think they are invincible and can do what they want without having to face any consequences. Commissioners from every professional sport have made it clear — misconduct on and off the

field will not be tolerated. These athletes have become famous through popular media. There is no reason why the media shouldn’t also display the crimes these athletes commit. These “stars” get paid millions of dollars to perform and conduct themselves in a professional manner.

BARBER: These players are paid millions to perform well in their sport. It isn’t their job to be a role model. The more I hear about kids being let down because their favorite football player is a drunk or their favorite soccer player is abusive, the more I question our society as a whole. Parents should be role models for their children to emulate, not LeBron James, Kobe Bryant or Tom Brady. The manner in which athletes act off the job is their own business. If they’re breaking the law, let them get caught and be punished. Don’t give a nightly news update on their misdeeds. I’m pretty sure there is a lot more to talk about in the world of sports than a professional athlete who partied too hard over the weekend.

KNAPKE: Ask people about a major news topic and a hot sports issue and see which



KNAPKE



BARBER

one they know more about. The media report on the exploits of professional athletes because that’s what people want to know about. In addition, who wouldn’t want to live like LeBron James, Kobe Bryant or Tom Brady? They lead very comfortable lives and are famous. People want to emulate them because of their success and fame. Without the media, they wouldn’t have nearly the amount of fame and wealth they do. It doesn’t make sense to proclaim their positive achievements but hide their major mistakes. It’s a two-way street. Athletes know they humiliate themselves in the locker room and within their fan base when they break laws or rules. They should expect to have most of their lives on display for everyone to see. This is the nature of the beast in today’s sports world.

BARBER: I disagree with you entirely. Michael Phelps won eight gold medals in the 2008 Olympics, and a year later, he was bashed for using marijuana. So he went from hero to horrible role model with integrity issues because of a joint? He won eight gold medals! I agree that teams, organizations and

clubs should punish their players for bad behavior, but I don’t think they should be put in the limelight where the world can see their mistakes. They are athletes, not saints, so why do we continue to call them role models because they can throw a baseball or shoot a basketball?

KNAPKE: Well, in order to be a saint, among other things, you have to be dead and in heaven. We all know Michael Phelps isn’t a saint. He went from being a hero to someone whose integrity is questioned constantly. He is a great example of a professional athlete who was loved by America and threw it all away. Phelps had been featured on every media outlet available, which helped him become a superstar known by every American. There isn’t a reason why his crimes should be hidden away in a dark corner while his achievements headline every news network. Professional athletes are role models for many people throughout America whether the players like it or not. When they knowingly make dumb mistakes, it shows their true character and how much they really care about both their fans and careers.

SPOTLIGHT ON SPORTS

Spring and spring break swim lesson registration

Spring session and spring break session swim lesson registration will be held, Saturday, from 8 a.m. to 4 p.m. at the base pool. Stop by the base pool Tuesday and Friday from 1 to 5 p.m. to determine the appropriate class for your child. Private lessons are also currently available. Call MCCS Aquatics at 254-7655 for more information.

Single Marine & Sailor Program’s Surf and Turf 5K

Come out for the Surf and Turf 5K, April 6 at 6:30 a.m. The run will take you from the Officers’ Club through the Kaneohe Klipper Golf Course, and along North Beach. This event is open to the public. Visit <http://www.mccshawaii.com>.

Swing into the Klipper Junior Golf Program

All authorized patrons ages 6 through 17 are eligible for the Klipper Junior Golf Program, a year-round program to bring children and teens to the game of golf. Certified PGA Professionals will teach basic playing skills, rules and golf etiquette. Each session is five weeks long. Classes are held Wednesdays and Saturdays from 4 to 5 p.m. for the younger beginning golfers and 5 to 6 p.m. for the more experienced golfers. Juniors can bring their own clubs or the staff can

provide them. Collared shirts are mandatory. Tennis shoes or golf shoes are acceptable dress. For more information, visit <http://www.golfacademyhawaii.com> or call 386-3500.

21st annual Haleiwa Metric Century Ride

The 21st annual Haleiwa Metric Century Ride is scheduled for April 28 at 7:30 a.m. For more information call 735-5766 or visit <http://www.hbl.org>. Forms are also available at the Semper Fit Center.

The Beast 10K Run

Take a running tour of MCB Hawaii with our first 10K of the season, The Beast, March 9 at 7 a.m. at Dewey Square. The race will begin and end at Dewey Square. This race is open to the public. Online registration closes March 5 at 4:30 p.m. Visit <http://www.mccshawaii.com> to register.

Amendment to base order for water activities

As of December 2012, base order P1710.1 was revised. On page 1-7 of the base order, paragraph 6b(2) (b), the words “swim at own risk” were replaced with “enter the water at your own risk, surf and currents are moderate.” On page 1-7, in paragraph 6b(2)(c), the words “YELLOW: Water activities open, enter the water at your own risk, fins are required when swimming, due to high surf or strong currents,” have been added.

Give up using tobacco with cessation classes

Free tobacco cessation classes are held every Tuesday from 10 a.m. to noon. The classes are conducted by a registered nurse and take place on the second deck of the branch medical clinic.

There are four classes in a session and each monthly session begins on the first Tuesday of the month. The classes are open to active duty, retired military and their dependents. For more information, contact health promotions at 254-7636.

Ruckin’ For a Cure

Join the team “Ruckin For A Cure” for the 2013 Step Out Walk to Stop Diabetes at Queen Kapiolani Park in Honolulu, March 16. All service members and their families are invited to join in carrying a ruck. To join, please visit <http://main.diabetes.org/goto/RuckinForACure> or call Staff Sgt. Shane Giltner at 912-980-5314.

TAMC Combatives Tournament

Tripler Army Medical Center’s 2nd Annual Combatives Tournament will be held from March 2 to 3, from 9 a.m. to 5 p.m. at Fort Shafter’s gym in Honolulu. The tournament is open to members of all military branches. For more information or to register, contact Sgt. Dominique Ramos at Dominique.Berridge@us.army.mil or 433-1887.

3rd Radio, MCAS battle during intramural showdown

Lance Cpl. Jacob D. Barber
Marine Corps Base Hawaii

The 3rd Radio Battalion Honey Badgers and Marine Corps Air Station Kaneohe Bay basketball teams faced off at center court for an intramural basketball league game at the Semper Fit Center gym, Wednesday.

The opponents met on the hardwood earlier in the season, where the Honey Badgers claimed the first victory.

Both teams have struggled since earning 1-6 records prior to their Wednesday meeting, but 3rd Radio Bn. was the victor with a final score of 40-26. The victory bumped them up in the regular season bracket and quenched the team’s thirst for redemption.

“Going into this game, our focus is to win ... we have to win,” said Christopher Thompson, a MCAS forward, during the pre-game warm-up. “We played these guys once before, lost, and we haven’t won a game since. We need to stay focused and not let the little things get to us. That’s our key to victory.”

At the opening tip-off, the Honey Badgers secured possession. A quick three-point shot put the team on the scoreboard first.

The Honey Badgers struggled on offense, turning the ball over several times in the first half. The team was not connecting its passes, and MCAS took advantage of the missed opportunities.



Lance Cpl. Jacob D. Barber | Hawaii Marine
Michael Canamore, a Marine Corps Air Station Kaneohe Bay guard, takes a three-point shot during an intramural basketball league game against the 3rd Radio Battalion Honey Badgers at Semper Fit Center gym, Wednesday. “It was a hard-fought game and you could tell both of our teams wanted this victory,” Canamore said. “It was a little rough, to say the least, and we lost again, but it was a great game.”

“We made a lot of bad passes in the first half and weren’t communicating on the floor,” said Kyle Marks, the

head coach for 3rd Radio. “When nobody is talking, it’s hard to set up your teammates for shots. That’s what

we struggled with, and it really hurt us throughout this game, regardless of the score.”

At the end of the first half, the Honey Badgers led, 19-10, but as the second half started, both teams played aggressive defense. Many passes were broken up, and several MCAS steals gave them a promising lead.

Though the Honey Badgers struggled to maintain possession of the ball, they connected on the majority of their shots midway through the second half.

Their strong offensive effort gave them a promising 10-point lead with a score of 29-19.

“We had some momentum going for us for a while in the second half,” Marks said. “We wanted to keep that and use our rebounding ability to our advantage and score some second-chance points.”

As minutes passed, MCAS began to lose many rebounding battles in the paint. The result of both teams’ aggressive play was many fouls, but MCAS was the stronger contender at the free-throw line, scoring 10 points off free throws in the last five minutes of the game.

“It was a hard-fought game, and you could tell both of our teams wanted this victory,” said Michael Canamore, a MCAS guard. “It was a little rough, to say the least, and we lost again, but it was a great game.”

Tripler offers treatment for eating disorders

Christine Cabalo
Marine Corps Base Hawaii

Find the support to combat eating disorders with help from the Tripler Army Medical Center in Honolulu.

Tripler’s Healthy Lifestyles Program offers treatment and support to service members and their families.

“Anyone walking down the street can have an eating disorder,” said Army 1st Lt. Carolyn Rittermann, a registered dietitian with TAMC’s Nutrition Care Division. “There’s a misconception that it’s easy to tell, but those who have a disorder can be any physical size.”

Rittermann provides meal plans and additional resources

about nutritional myths. She said those with disorders need to work through anxieties and challenges fueling the dangerous habits.

“A lot of what we work on is trying to get through the fears people have of food,” she said. “They think if they restrict all food, it will help, but that does more damage than good.”

When talking with clients, Rittermann explains the need for balanced fats and other nutrients to maintain peak physical health. Anyone can speak with a current doctor or Tripler’s Health Lifestyle Program for help. She said many who do have disorders might not realize they have a problem, but there are warning

signs. One sign of a problem is if a person’s exercise or eating habits come before everything else in their lives.

Approximately 90 percent of patients who seek help at Tripler are active duty service members, said Dr. Mark Verschell, the director of the Healthy Lifestyles Program.

“Depending on the patient’s situation, we’re able to treat them without their command knowing,” he said. “In situations when the extent of their disorder is life-threatening and we do report to command, patients are actively involved in the reporting process.”

Verschell said some who contact his office are best

served by joining his weight management program. But if someone seems to have a more serious problem like bulimia or anorexia nervosa, Verschell’s office can help them as well.

“Talking with professionals is important,” he said. “These patients need professional help to get an edge on their disorder. This isn’t something they beat on their own.”

Tripler offers individual counseling and for the past two years, a weekly group therapy session for people with eating disorders. Roughly three to six patients meet for the group and participation is voluntary. For 90 minutes, the group discusses how they are handling their disorders and includes exercises

to work through anxiety.

“In many cases, these patients feel alone and isolated,” Verschell said. “They don’t know anyone else battling the issue. Being in the military might compound the pressure. The group can improve a patient’s insight and helps them see others making strides. They can provide each other with support outside of the group meetings.”

Verschell said support is available at Tripler to treat callers with various nutritional problems.

If you or someone you know may have an eating disorder, contact the Tripler Army Medical Center for help at 433-3931 or 433-1496.

2012 Semper Fit Combine top 10 results						
COMPETITOR	40-YARD DASH	BENCH PRESS REPS	3-CONE DRILL	SHUTTLE RUN	VERTICAL JUMP	BROAD JUMP
Sgt. Robert Traylor, JPAC	4.49	1	7.87	4.47	27"	8'6.25"
Lance Cpl. Chris Woolen, 3rd Marine Regiment	4.53	25	8.16		28.5"	
Lance Cpl. David Becker, HMM-463			6.81	4.65	25.5"	9'3.5"
Oscar Castro			8.34	4.22	24.5"	
Petty Officer 2nd Class Shane Miller, HSL-37	4.54	24	7.41	4.38	34.5"	9'8"
Lance Cpl. Daniel Mims, 3rd Marine Regiment	4.56		9.22	4.33	31"	9'9.75"
Kealaleonani McKeague, MCCS	5.66		8.67	5.4	17.5"	6'4.25"
Slavica Hansbrough, MCCS	6.01		8.77	5.32	19"	5'10.5"
Sgt. Poppy King, CLB-3			9.56	5.31	20"	6'7"
Petty Officer 1st Class Melanie Quintana, Coast Guard				5.48	20"	6'8"

Cultural Heritage Day

Celebrate your heritage with MCB Hawaii!

Date: March 1

Time: 10 a.m. to 4 p.m.

Kahuna's Ballroom

Food, entertainment and
culturally-themed display tables

For more information, call 254-7660

Free tax preparation at the Base Tax Center

Hours of operation: Monday through Friday from 8 a.m. to 4:30 p.m.

Location: The Base Tax Center is located in building 455, across the street from the Forest City Housing Office and adjacent to the Youth Activities Center

Please bring these required documents:

1. DoD identification card
2. All W-2s (including spouse's)
3. Bank account and routing numbers
4. Copy of last year's tax return
5. All other tax forms (1099s, etc.)
6. Social Security cards of all family members
7. The amount of interest earned last year in your checking and savings accounts.

E-FILE = FAST REFUND

Open until April 26 • For more information, call 257-1564

VOLUNTEER OPPORTUNITIES WITH NMCRS K-BAY

The Navy-Marine Corps Relief Society is a nonprofit organization run by volunteers that aids and supports Marines, sailors and their families. We offer financial counseling, Budget for Baby workshops, education tuition scholarships/assistance and interest-free loans and grants. As a predominately volunteer-run organization, we are constantly looking for individuals who would be interested in helping with our various programs.

NMCRS offers a variety of ways you can contribute as a volunteer. Do you have a background in finance? Or maybe you're interested in learning more about financial counseling and helping others

out of debt? If so, we would love to have you as a caseworker. Perhaps you're more interested in helping new and expecting parents prepare for a new baby? You would make a perfect instructor for our Budget for Baby class. Do you enjoy public speaking and meeting new people? We would love to have you aboard as part of our publicity and marketing team and an ambassador for NMCRS. No matter where your interests lay, if you have the time and want to give back to Marines, sailors and their families, we have a place for you at NMCRS K-Bay. Call 257-1972 or email lauren.giblin@nmcrs.org for more information.

- Build your resume
- Develop new skill sets with free training
- Childcare and mileage reimbursement available to all volunteers
- Broad range of volunteer opportunities available



Crime Prevention Tip of the Month

Operation Over Watch is back! The operation is an effort to minimize larcenies targeting vehicles, homes and personal property in the residential areas throughout the base. Personal or government property should never be left unsecured and unattended. When you are finished using your items, remember to put them away. Operation I.D. offers personnel residing in housing or in the barracks the opportunity to check out electronic engravers. The engraver can be used to engrave any personal property deemed valuable to the owner. Burglars want to resell your property, so marked property is easier to identify and harder to sell.

PMO contact numbers and locations

To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant:
257-1018/2123 (building 1096)

For information regarding check in/out, fingerprinting, or weapon registration, contact:
257-6994 (building 1095)

For information regarding pet registration, fishing regulations, or lost/found animals, contact the PMO Game Warden:
257-1821 (building 3099)

For information regarding vehicle decals, base passes, and vehicle registration, contact:
257-2047/0183 (building 1637/1095 for MCB Hawaii)
477-8734/8735 (building 601 for Camp H.M. Smith)

For information regarding traffic regulations, citations, or traffic court, contact the Traffic Court bailiff:
257-6991/6992 (building 1095)

For all other numbers not listed, contact base information:
449-7110

For more information, visit the PMO website:
<http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx>

Topic of the Month

There is a new program for base residents called Eagle Eyes, which is a web-based system designed to allow the community to report suspicious activities or behaviors. Eagle Eyes is a community-driven program and requires proactive engagement. Effective immediately, you may browse <http://www.usmceagleeyes.org> to submit tips, leads, incidents and suspicious activities. In addition to allowing you to enter detailed descriptions into the system, the capability exists to upload or attach any digital photography. In the first quarter of fiscal year 2013, the Provost Marshal's Office received 31 anonymous tips involving crimes against property. The program has the potential to assist in solving more crimes with the community's help, and its ultimate goal is to help create a safe environment for the community. Eagle Eyes is not designed to report emergencies. To report an emergency, call 911. Every report is an important piece of the puzzle and will be reviewed by trained personnel. Law enforcement and mission assurance personnel on base encourage good faith reporting and reserve the right to contact you to verify or clarify the information you provided. For more information, please contact the Crime Prevention Office at 257-8312, the Force Protection/Mission Assurance Department at 257-8460/56/57 and refer to MARADMIN 641/11.

IN CASE OF EMERGENCY, DIAL 911!

ENVIRONMENTAL CORNER



Recycle HI 5!

Five cents adds up to a lot. Turn your recyclables into cash in your pocket. Every first Friday of the month, beginning in March, the “HI 5” cent redemption service for recyclable items will be on Marine Corps Base Hawaii across from the MCX Annex from 11 a.m. to 4 p.m. Contractor RRR Recycling Services Hawaii is providing this convenient service to you here on base. Due to low participation in the past, this service was reduced from every week to once a month. It would be greatly appreciated if we employ this monthly service in order to keep it coming on base. If you have any questions concerning recycling, contact MCB Hawaii’s recycling manager, Jim Sibert, at 257-4300 or 216-4368.



VOLUNTEER OPPORTUNITIES, ON/OFF BASE EVENTS

MCCS Career and Education Fair

Marine Corps Community Services will host Marine Corps Base Hawaii’s annual Career and Education Fair, March 15. The event is open to all service members, dependents and Department of Defense civilians from 9 a.m. to 1 p.m., and will open from 11 a.m. to 1 p.m. to all U.S. citizens, age 18 and over, from the local community.

HPU Koolau Writing Workshops

Award-winning writer Eric Paul Shaffer will speak at Hawaii Pacific University’s 16th annual Koolau Writing Workshops. The workshops will be held Saturday, from 8:45 a.m. to 3:30 p.m., in the Cooke Academic Center at HPU’s Hawaii Loa Campus in Kaneohe. Each year, the Koolau Writing Workshops features a distinguished local writer and offers writers the chance to take workshops in drama, fiction, poetry, and non-fiction to boost and inspire their own work. The keynote starts at 9:30 a.m., and workshops are scheduled at 11 a.m. to 12:30 p.m., and 1:30 to 3 p.m. The cost is \$20 (\$10 for students with ID), and includes continental breakfast and drinks at lunch. Attendees must provide their own lunch. For more information and to reserve a space at the workshop, contact Joan Ishaque at 544-0228, Patrice Wilson at 544-1108, or email pwilson@hpu.edu.

Juvenile Diabetes Research Foundation’s Hawaii Chapter to hold 2013 annual Family Education and Research Summit

The Hawaii Chapter of the Juvenile Diabetes Research Foundation will hold its 2013 annual Family Education and Research Summit, March 9, at the Kapiolani Medical Center for Women and Children in Honolulu from 8:30 a.m. to 4 p.m. JDRF is the leading global organization focused on type 1 diabetes research. For more information, contact JDRF Hawaii at HawaiiEvents@jdrf.org or 988-1000.

MARINE MAKEPONO Means ‘Marine Bargains’ in Hawaiian

Car for sale. 2008 Saturn Vue XR, V6, low mileage (a little more than 26,500 miles), cargo area cover and cargo net. \$16,000 obo. Call Sue at 384-5343.

Boat for sale. Selling Seaswirl Striper boat and trailer. Features a 20-gallon fuel tank with a 90 horsepower Yamaha 2-stroke outboard motor. Includes safety equipment and Garmin GPS with fish finder. \$14,000 or best offer. Call Wesley at 772-2647.

Kaneohe studio apartment for rent. Available April 1. Large deck with ocean view of Chinaman’s Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No smoking or barbecuing. \$1,300. For more information, call 239-5459.

If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you’d like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.

Hawaii Marine Lifestyles



Photos by Christine Cabalo | Hawaii Marine

Brian Price demonstrates how cuts to the back of the body can be deadly. Price, founder of Schola Saint George, teaches sword-fighting principles from a 15th century textbook written by Fiore dei Liberi that covers unarmed and armed combat.



TOP: Beginner and intermediate students practice sword-fighting skills during a weekly meeting of Schola Saint George Honolulu in Nuuanu Valley Park, Sunday.

BOTTOM: Brian Price, founder of Schola Saint George, helps student Russell Henson refine his sword-handling technique during a weekly meeting of Schola Saint George Honolulu in Nuuanu Valley Park, Sunday.



Christine Cabalo
Marine Corps Base Hawaii

HONOLULU — Thwack! Blades and medieval history collide as sword fighters of Schola Saint George Honolulu spar each Sunday in Nuuanu Valley Park.

The new group is the local chapter of a worldwide scholarly society devoted to practicing historical European weapons combat. Beginners learn two-handed sword fighting and can go on to learn more advanced techniques.

“Swordplay is a creative art,” said Brian Price, who is a founding member of the first branch of Schola Saint George and teaches the Honolulu group. “There are basic principles to learn, but then it’s all about how you use it, applying them to each situation.”

Classes are free, but students pay an annual fee to the international organization for insurance and access to its learning material. The group studies techniques first featured in a 15th century Italian fighting manual named “Fior di Battaglia.” The manual covers unarmed combat and armed combat with swords and a variety of medieval weapons.

Intermediate users spar using fencing masks, polymer swords designed to simulate the weight of historical weapons and a gambeson, or linen armor, for protection against strikes. Simulated weapons, including spears and knives, are also available for practice.

Since the Honolulu group started meeting in the fall of 2012, it has attracted both medieval history buffs and martial artists who want to try something different. Virgil Nartatez, a Waipahu resident and vice president of the group, previously studied the Muay Thai martial art.

“I wanted to learn weapons-based combat,” Nartatez said. “There’s something mystical about a sword. Swords are the weapon you

most associate with a classic hero.”

Before joining the Hawaii chapter, Russell Henson, a Golden Gloves boxer, had only been able to self-study the techniques.

“I was interested in learning about medieval martial arts almost four years ago, but there wasn’t anyone in Hawaii offering it,” Henson said. “This is the first time I’m able to actually do it.”

For members with sword fighting experience, like Colin Chock, the group has offered a good opportunity to spar and learn another school of sword techniques. Chock is the group’s treasurer and a top Hawaii fencing champion.

“Longsword fighting features speed and finesse, but the damage from hits comes from the power of a strike,” Chock said. “For spars, having a mask for eyes and needed padding helps.”

Price, who has worked with the U.S. Army’s Human Terrain System in Afghanistan, has taught how medieval battle principles apply to modern weapons. He’s taught counter-knife techniques to the French Foreign Legion and Afghan National Army. Price said the basic principles remain the same but because of the unexpected nature of close fighting, combatants are encouraged to innovate.

No martial arts experience is necessary to join the group, and Nartatez said he appreciates how the group welcomes anyone interested in recreating medieval martial arts.

“Come in with an open mind,” he said. “We’re not hard on anyone, and we appreciate how everyone comes in with different skill sets.”

With a group of students who have varied experience, it’s a good day to feel like a knight.

For more information, see Schola Saint George Honolulu’s Facebook page or visit the group each Sunday at Nuuanu Valley Park from noon to 3 p.m.

Brian Price, founder of Schola Saint George, teaches proper form to beginning students, Sunday. Price has taught variations of medieval fighting techniques using modern weapons to the U.S. Army, French Foreign Legion and Afghan National Army.



PASS IN REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

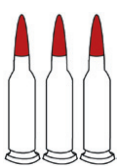
1/4 — No Impact, No Idea
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.



2/4 — High And To The Right
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.



3/4 — On Target
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.



4/4 — Confirmed Kill
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



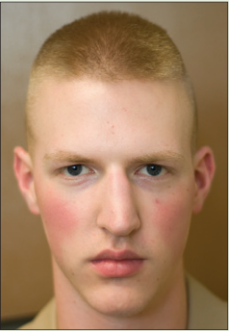
So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.

Better Know A Critic



CABALO

Christine Cabalo believes every person goes to the movies hungry. Audiences feed on movies that astound and amaze. The movies most likely to astound Christine have clever plots. Her favorites include action, adventure, mysteries and epics.



SAUTER

Cpl. James A. Sauter looks for that perfect balance between the shooting and role-playing aspects that make the game worthwhile. While not immediately diving into the multi-player titles, he looks for the in-depth story that draws you into the game’s universe like a classic thriller novel or movie.

‘Beautiful Creatures’ casts lackluster spell

Christine Cabalo
Marine Corps Base Hawaii

Filmmakers conjured up failure rather than success with the new film adaptation of “Beautiful Creatures.” The PG-13 movie is based on the best-selling young adult book series of the same title. High school senior Ethan Wate (Alden Ehrenreich) narrates the story set in a fictional South Carolina town named Gatlin. Ethan dreams of two things: to get out of his small town that is full of small-minded people, and a vision of a mysterious girl with flowing hair. He’s surprised to later meet Lena Duchannes (Alice Englert), and recognizes her as the girl from his dreams. Ethan is even more shocked to realize his new crush is a witch, who prefers to be called a caster. The two fall in love while trying to unravel a curse involving their ancestors and prevent Lena from succumbing to evil forces. “Beautiful Creatures” fails at being enchanting and loses its charm with a formulaic storyline. The film is as predictable as the residents of Gatlin the main narrator despises. The action gets

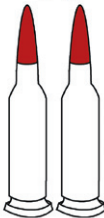
stuck in its mediocre young-adult plot line. Lena and Ethan face a pointless crisis. Lena’s magical uncle Macon Ravenwood (Jeremy Irons) faced a similar crisis of “becoming evil” as he grew up but, because he was a man, could choose to be good. The film makers take a bad double standard and condemn all female witches to turning evil against their will. Perhaps the film should have embraced its dark side, and taken more chances with the material. Even the “Twilight” and “Harry Potter” franchises addressed adult material like death



and lust in their films. The movie’s villain, Sarafine (Emma Thompson), is light in her evil schemes and does little more than boast about how dark she has become. Thompson is great at threatening, but there’s not much else for her to do. Sarafine’s lackey, Ridley (Emily Rossum), seems more evil. Ridley is Lena’s good-girl-gone-bad cousin that is now an unhinged siren, luring men to their doom. In the adult cast, Amma’s (Viola Davis) screen time stands out. Davis delivers an unusually real performance in this supernatural teen flick. She doesn’t settle on spouting off exposition to move the plot forward, but makes the audience believe the mys-

tical mayhem. The small glimmer of light in this movie comes from its two romantic leads. Ehrenreich and Englert create the real magic in the movie. Ehrenreich’s acting especially shines, making viewers care about his character’s fragile dreams of escape and finding a soul mate in the mystical Lena. He deals with her magical nature as if it were an endearing quirk rather than something unnatural. As Lena, Englert is vulnerable and smart without being cavity-causing sweet. She teases Ethan with her dry wit, but Englert’s acting skills subtly show her affection for him. Together, the duo makes the movie’s last few minutes surprisingly tragic. The movie is cursed by a storyline that goes nowhere, despite having beautiful potential. No amount of acting magic could make the movie’s fundamental flaws disappear.

2/4



(High and to the Right)

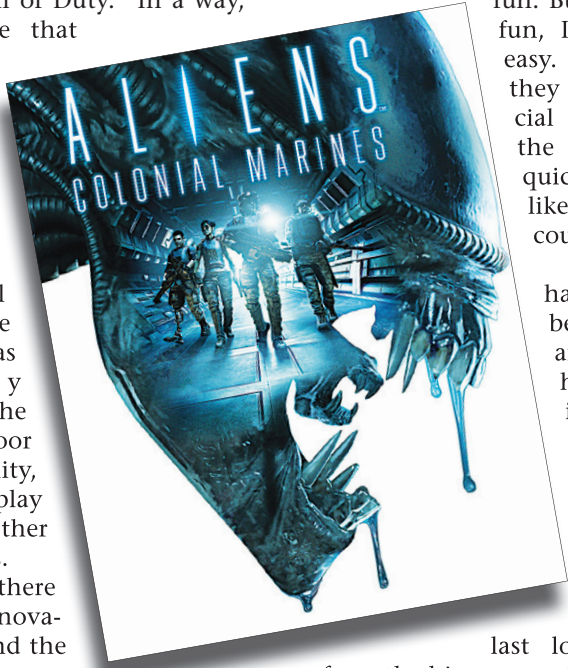
Caution: ‘Aliens: Colonial Marines’ for franchise fans only

Cpl. James A. Sauter
Marine Corps Base Hawaii

I rarely review video games but when I do, I’m picky about what I play because I have to spend a barrel full of money to buy a new game. On my recent visit to Game Stop, I was happy to see copies of “Aliens: Colonial Marines” sitting on the shelf. I’m already a fan of the “Alien” films, so I decided to give the game a try. But I found out my gameplay experience felt like an adrenaline rush after using a smart gun and feeling a chestbuster claw through my abdomen. The entire 20th Century Fox franchise encompassing both the “Alien” and “Predator” titles has never been lauded by critics for excellent filmmaking or video game innovation. The franchise has more of a cult following and appeals to the same demographic of people who attend Comic Con every year. But who doesn’t like an extraterrestrial bug hunt every now and then? This is where “Aliens: Colonial Marines” comes in.

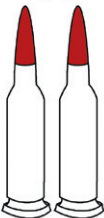
The game as a whole doesn’t offer much compared to other first-person shooter games, the most notable of these being “Call of Duty.” In a way, every FPS game that hits the market in the post “Call of Duty” world will be judged in comparison to it. Thus, when “Aliens: Colonial Marines” came out, it was immediately destroyed by the media for poor graphics quality, narrow gameplay and a list of other negative features. I’ll admit there isn’t much innovative gameplay and the game feels like an arcade console at times, but it is still enjoyable to play. After the player earns enough experience points,

the purchasable upgrades make kill-morphs pretty darn fun. But when I say fun, I don’t mean easy. Despite what they lack in artificial intelligence, the aliens are quick and deadly like their movie counterparts. The player has to remember that ammo, armor and health are easily lost and need constant replenishment. If players don’t realize this, they won’t last long shooting from the hip at everything in sight. On the flipside, players will enjoy the descriptive setting and storyline if they have the patience for it. Though



most critics complained about poor graphics, they’re some of the best in the franchise’s history. Nonetheless, it’s difficult to enjoy the small details worked into the environment and characters because the settings are either at night on a desolate planet or in space on a drab grey spacecraft. After I dissected this game, I determined there were two positives to every negative, but the negatives had a more lasting impact. But players will appreciate the storyline, ability to kill aliens and an occasional “oorah” to remind them they’re controlling colonial Marines. For previous “Alien” and “Predator” fans, this game will be a nice addition to their collection of memorabilia. For everyone else, tread lightly and rent it off the online Playstation store when it’s available for less than \$10.

2/4



(High and to the Right)



Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.



“Les Miserables” PG-13	Today 2:30 p.m.
“The Last Stand” R	Today 8:45 p.m.
“Parker” R	Saturday 7:15 p.m.
“Hansel and Gretel” R	Saturday 9:45 p.m.
“The Impossible” PG-13	Sunday 2 p.m.
“Broken City” R	Sunday 6:30 p.m.
“Mama” PG	Wednesday 6:30 p.m.

New ‘Club Pub’ food items offered at the Officers’ Club

Kristen Wong
Marine Corps Base Hawaii

Pau hana time at the Officers’ Club just got tastier as Marine Corps Community Services launched a soft opening of its new Club Pub menu, Feb. 13, and hosted a grand opening, Thursday.

Club Pub menu items are now offered in the Maui and Kauai Rooms of the Officers’ Club. Club patrons can order these dishes Wednesdays and Thursdays from 4:30 to 8 p.m. and Fridays from 4:30 to 8:30 p.m.

“The Officers’ Club and MCCS are proud that we’re introducing this new concept to stay in line with what our customers can look for off base,” said Norman Cote, the general manager of the Officers’ Club and the Staff Non-commissioned Officers’ Club. “We’re always trying to keep up with the trends to enhance our facility and what we provide to our community here on base.”

The Club Pub menu items are “tapas style.” Tapas comes from the Spanish word for “cover,” and is typically a small appetizer served with a beverage.

Chef Renato Sabalburo, from the Officers’ Club, visited other eateries on the island to research current trends and find ideas for a new menu. For weeks, Sabalburo and his team of cooks experimented with various dishes. MCCS employees tasted the new dishes, Dec. 18, 2012, and they were “well received,” according to Don Figueira, a food and beverage general manager with MCCS.

Figueira said the staff worked extensively on this menu, even meeting months prior to the grand opening.

“The feedback has been overwhelming, and I’ve heard a lot of people tell me Club Pub is a good idea,” Figueira said. “I’m very confident patrons will enjoy the new menu.”

Retired Army Master Sgt. Bill Buck and his wife Carolyn visited Club Pub, Feb. 22. The Bucks, of Tully, N.Y., visit Hawaii during the winter, and have eaten occasionally at the Officers’

Club on the base.

This was their first sampling of Club Pub menu items. Bill Buck ordered fish and chips

“C’est magnifique,” Buck said about the food. “The food is fresh and crispy. (The venue) is very comfortable, pleasant.”

Many service members shared a positive sentiment, like Chief Warrant Officer 4 Ken Glass, a financial management resource officer with U.S. Marine Corps Forces, Pacific. The new menu restored his favorite chicken wings, which had been discontinued since he returned home from deployment.

“We’ve printed the menus and have them on our desks,” said Maj. Nora Tyer-Witek, who works at the Office of Special Counsel, Legal Services Support Team, Legal Services Center.

Tyer-Witek and her colleagues came to eat at Club Pub, Feb. 22. They tried the applewood-smoked bacon with creamed corn and asparagus rolls.

“It’s like deconstructed corn chowder,” Tyer-Witek said. “Who would have thought to put creamed corn on bacon?”

Sabalburo said the bacon paired with the cream corn is like corn chowder and “a different way to present it.”

Figueira said the plates are new and in varying shapes.

“Presentation is a 10,” said Maj. Joe Androski, a senior defense counsel for LSST at the Legal Services Center. “It doesn’t look like bar food. It looks upscale.”

Members of Helicopter Anti-Submarine Squadron Light 37 also visited Club Pub the same day.

Cmdr. Gregory S. Thoroman, commanding officer of HSL-37, said Club Pub has many high-quality selections.

“It’s nice to be able to eat food that’s not popcorn,” Thoroman said, referring to previous limited snack options in the Kauai Room prior to dinner.

The menu is available online at <http://www.mccshawaii.com/oclub/>.



Photos by Kristen Wong | Hawaii Marine

ABOVE: Maj. Joe Androski, a senior defense counsel with the Legal Services Support Team at the Legal Services Center, tries an asparagus roll while dining at Club Pub at the Officers’ Club, Feb. 22.

BELOW: The asparagus roll, made of asparagus wrapped in applewood-smoked bacon, is one of the many items offered on the new Club Pub menu at the Officers’ Club. To keep up with current trends, Marine Corps Community Services researched, designed and tested a new menu to be served in the Maui and Kauai Rooms at the Officers’ Club.

